

Dr. Artz practices Palliative Care at Unity Point Health, Des Moines. She is board-certified in both Internal Medicine and Hospice and Palliative Care. She previously worked as a hospitalist, started and directed a multidisciplinary program for adults with sickle cell disease at The University of Chicago, and co-directed a new palliative care program at Loyola University in Chicago. She has had a lifelong passion for horses. She completed an equine assisted learning apprenticeship program in 2018 and is now a certified Eponaquest Instructor. She is the founder and director of Monarch Equine Facilitated Learning in Indianola, Iowa with a focus on improving healthcare provider, medical student, and resident well-being.