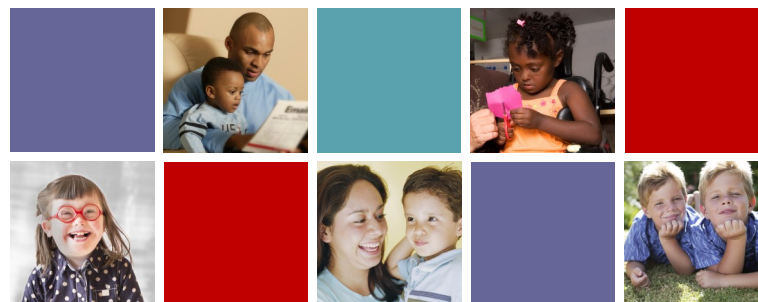




CRITICAL CONVERSATIONS

Pediatric Mental Health in Primary Care
 Wednesday, August 28, 2019
 8:20am-2:45pm

Clay County Regional Events Center
 800 West 18th Street
 Spencer, IA 51301



Program Agenda

Wednesday, August 28th 2019- Grand Ballroom

8:20am-8:45am	Registration and coffee
8:45am-9:00am	WELCOME AND ANNOUNCEMENTS Thomas Scholz, MD
9:00am-10:00am	INFANT AND EARLY CHILDHOOD MENTAL HEALTH: ASSESSING AND TREATING YOUNG CHILDREN Kelly Pelzel, PhD
10:00am-11:00am	BIPOLAR DISORDER IN CHILDREN AND ADOLESCENTS Carlos Castillo, MD
11:00am-11:30pm	INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE Thomas Scholz, MD
11:30pm-12:30pm	Lunch and Networking <i>(lunch will be provided)</i>
12:30pm-1:30pm	EVALUATION AND BEHAVIOR MANAGEMENT OF SEVERE SELF-INJURIOUS BEHAVIORS Todd Kopelman, PhD Mary Roberts, BA
1:30pm- 2:30pm	TRANSITION TO ADULTHOOD FOR INDIVIDUALS WITH AN INTELLECTUAL DISABILITY Jodi Tate, MD
2:30pm-2:45pm	Closing Remarks

Session Information

INFANT AND EARLY CHILDHOOD MENTAL HEALTH: ASSESSING AND TREATING YOUNG CHILDREN

Kelly Pelzel, PhD - University of Iowa Department of Psychiatry

Objectives:

1. Discuss the unique challenges associated with infant/early childhood mental health work.
2. Explain the role of relationships in assessing and treating young children with mental health problems.
3. Identify three evidenced-based infant/early childhood mental health interventions used in Iowa to treat young children.

BIPOLAR DISORDER IN CHILDREN AND ADOLESCENTS

Carlos Castillo, MD— Seasons Center for Behavioral Health

Objectives:

1. Recognize how to identify Bipolar Disorder in children.
2. Identify important differential diagnosis that may mimic bipolar disorder.
3. Describe how to go about treating bipolar disorder in children and adolescents.

INTRODUCTION TO THE IOWA PEDIATRIC MENTAL HEALTH COLLABORATIVE

Thomas Scholz, MD - University of Iowa Division of Child and Community Health

Objectives:

1. Review the goals and objectives of the Iowa Pediatric Mental Health Collaborative.
2. Discuss trainings to develop capacity of primary care providers to treat children with mild to moderate needs within their medical home.
3. Describe consultation service between primary care providers and University of Iowa Child and Adolescent Psychiatrists.
4. Recommend connection with Regional Pediatric Mental Health Teams for care coordination and family to family support.

EVALUATION AND BEHAVIOR MANAGEMENT OF SEVERE SELF-INJURIOUS BEHAVIORS

Todd Kopelman, PhD - University of Iowa Department of Psychiatry

Mary Roberts, BA- University of Iowa Department of Psychiatry and Autism Center

Objectives:

1. Identify characteristics and causes of severe self-injurious behavior.
2. Describe the potential effects of self-injury on patients and caregivers.
3. Discuss how self-injury is evaluated and treated.

TRANSITION TO ADULTHOOD FOR INDIVIDUALS WITH AN INTELLECTUAL DISABILITY

Jodi Tate, MD - University of Iowa Department of Psychiatry

Objectives:

1. Discuss the changes in funding and support services as adolescents transition to adulthood.
2. Identify information that should be in the medical record as adolescent patients transition to adult providers.
3. Recognize the role parents of adolescents play as their children transition to adult providers.

General Information

STATEMENT OF PURPOSE

The purpose of this conference is to help primary care providers increase their capacity to treat children and youth with mild to moderate mental health needs within their medical home. Conference sessions will include information about identifying, assessing, and treating common child and adolescent psychiatric disorders such as ADHD, Anxiety and Depression.

AUDIENCE

Pediatricians, Family Practice Physicians, Nurse Practitioners, Physician Assistants, Registered Nurses, Licensed Practical Nurses, and Mental Health Providers.

LOCATION

Clay County Regional Events Center
800 West 18th Street
Spencer, IA 51301

Venue information can be found at the link below:

<https://claycountyfair.com/get-here/>

PARKING

Attendees should come through Gate H. Free Parking is adjacent to the building on the west side of the venue, map shown below.

Clay County Regional Events Center is conveniently located just off Highway 71 and Highway 18. Below is a Map of the Clay County Events Center location.



Registration

REGISTRATION FEES

This training is provided at no cost, but registration is required.

ONLINE REGISTRATION

Register online:

Registration form link: <https://uiowa.cloud-cme.com/Form.aspx?FormID=1080>.

Website link: <https://uiowa.cloud-cme.com/default.aspx?p=1000>

If you encounter difficulties while registering, please call the University of Iowa CME Office at 319/335-8599, M-F, 8-4:30.

You will receive a confirmation email verifying your registration

FOR MORE INFORMATION OR QUESTIONS

Contact Kafi Dixon:

Phone 319-356-3570

Email kafi-dixon@uiowa.edu

CANCELLATION

To cancel your registration, contact the University of Iowa CME Office at 319-335-8599.

CONTINUING EDUCATION

CME ACCREDITATION - The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CME CREDIT DESIGNATION - The University of Iowa Carver College of Medicine designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSING CE ACCREDITATION - The University of Iowa College of Nursing is an Iowa Board of Nursing approved provider, Number 1. For full-time attendance, 4.5 contact hours will be awarded.

This training is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$445,000 with 20% financed with nongovernmental sources. The content are those of the presenter(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



Division of Child and Community Health