



2022 AWHONN Intermediate Fetal Monitoring

Dates: February 24 (in-house only); March 10; May 11; September 13; November 9

Location: 8770 JPP, UI Hospitals & Clinics, Iowa City, IA

Course Activities:

- **Pre-Course Online:** Complete 24 hours before didactic
- **Didactic:** 7:45 a.m. registration; 8:00 a.m. – 4:30 p.m.
- **Post-Course Online Test:** Complete within 30 days of didactic

Purpose: The **Intermediate FHM** course promotes integration of knowledge and skills essential to nursing assessment, promotion, and evaluation of fetal safety during labor.

Description: This is a 1-day intermediate workshop focusing on the application of essential fetal heart monitoring and skills in intrapartum nursing practice. Day one and day two will focus on a combination of the following: an analysis of case scenarios requiring synthesis of key principles pertinent to the physiologic basis of fetal heart monitoring technology; tracing interpretation, nursing intervention; verbal and written communication skills; skill sessions that involve demonstration, practice, and testing of auscultation skills; performance of Leopold's Maneuvers; placement of an intrauterine pressure catheter and scalp electrode; communication; and documentation. Completion of written examinations and performance skills evaluations are requirements for successfully completing the program and earning continuing education credit (no partial credit will be awarded).

Audience: Limited to licensed care providers (including nurses, doctors, and midwives) who meet the prerequisites stated below Fetal Heart Monitoring Principles and Practices is **not** a basic monitoring course. The workshop builds on the knowledge and skills of experienced nurses and providers. It is designed for clinicians who have completed a basic or foundation fetal heart monitoring course or who utilize fetal heart monitoring in the intrapartum setting.

Prerequisites: Complete online content 24 hours before the start of class. If the online program is not completed, you will not be allowed to take the live session. Online content will be available 30 days before the start of class. Directions to access the online content will be available after registration is complete and the course workbook is received (see details under Course Fees and Course Materials).

Continuing Education: Those who attend and participate in the entire course will receive 11.25 contact hours of continuing nursing education credit or 11.25 continuing medical education credit. For successful completion of the course, Participants must successfully complete the online education, attend the instructor-led portion of the course, and successfully complete the skills stations and knowledge integration test (with a score of 80% or better). Participants must be advised that state and provincial nurse practice acts and institutional policies that prescribe specific independent and interdependent nursing activities and that govern practice must be considered when implementing the described assessments, interventions, and evaluations in individual practice settings.

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Faculty:

Amy Dunbar, BSN, RNC-OB, C-EFM, Obstetric Nurse Specialist, Iowa's Statewide Perinatal Care Program, Department of Pediatrics
Jean Forman, MSN, RNC-OB, C-EFM, C-FMC, Nursing Practice Leader, Children's and Women's Services, Department of Nursing
Jill Henkle, RN, RNC-OB, C-EFM, OB GYN Support Services Manager, Department of OB/GYN
Amy Sanborn, DNP, RNC-EFM, Nursing Practice Leader, Children's and Women's Services, Department of Nursing
Faculty are AWHONN FHMPP Instructors.

Objectives:

1. Assess EFM tracings utilizing NICHD terminology.
2. Interpret EFM tracings, analyze uterine activity, and discuss contractions' impact on fetal oxygenation.
3. Describe clinical interventions and the related maternal-fetal physiology.
4. Effectively communicate patient data through verbal and documentation methods.
5. Describe roles and responsibilities of health care providers when using FHM in intrapartum care.

Pre-Course Online Learning Content (Directions to access will be available in the course workbook)

- Assessment (approximately 45 minutes)
- Interpretation (approximately 30 minutes)
- Techniques of FHM (approximately 90 minutes)
 - o Electronic fetal monitoring
 - o Auscultation
- Leopold Maneuvers (approximately 14 minutes)
- FSE/IUPC (approximately 16 minutes)
- Brief post-test (completed to measure online learning, 15 minutes)

Instructor-Led In-Person Course Agenda

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|------|--|
| 0800 | Introduction Interpretation |
| 1000 | Break Short Practice Tracings Skill Station |
| 1200 | Lunch Leopold Maneuvers and FSE/IUPC Skills Stations Interventions |
| 1400 | Break Case Studies Skill Station Evaluation and Synthesis |
| 1615 | Summary and instructions for completing test and evaluation |
| 1630 | Adjourn |

Post-Course Online Test

Within 30 days of the end of the course, complete the mandatory test and evaluation. Participant can begin online process after instructor updates in person “pass” in the online system.

Course Fees:

UIHC OB Nurses working on the in-patient units: No fee (Course materials will be provided)

All Other UIHC Staff: \$244 registration fee, which includes the cost of the AWHONN required course workbook.

Participants outside UIHC: \$109 registration fee, which does not include the cost of the AWHONN required course workbook. Details regarding purchasing required workbook is listed under Course Materials.

Payment of fees required at time of registration.

Refund Policy: Full refund (minus \$10 cancellation fee) if notification received on or before the registration deadline.

Course Materials: Registrants are responsible for purchasing / accessing course materials:

1. *Fetal Heart Monitoring Principles and Practices, 6th Edition.* The electronic text with 5 1/2 year access is available for \$64.95 or the hard copy textbook for \$76.95.
2. *Intermediate Workshop - Student Material, 7th edition* textbook is available for \$135.00. This workbook will contain directions on how to access the online content as well.

Course material textbooks may be purchased through Kendall Hunt Order immediate access at <https://awhonn.kendallhunt.com>. The Workshop Number can be found below.

| Course Date | AWHONN Workshop Number | External Registration Deadline |
|--------------------|------------------------|--------------------------------|
| February 24, 2022 | 000W22291 | N/A – UIHC only |
| March 10, 2022 | 000W22292 | 2/17/2022 |
| May 11, 2022 | 000W22293 | 3/30/2022 |
| September 13, 2022 | 000W22294 | 8/2/2022 |
| November 9, 2022 | 000W22295 | 9/28/2022 |

Program Registration: <https://uiowa.cloud-cme.com>

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Page over by date

Program Questions: phone 319-356-1238 email nursingcontinuinged@uiowa.edu

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