



CHANGING MEDICINE.
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UNIVERSITY OF IOWA CARVER COLLEGE OF MEDICINE

30TH ANNUAL
Iowa Rheumatology
Symposium

Friday, May 31, 2019

Marriott Coralville Hotel and Conference Center
300 East 9th Street, Coralville, Iowa



Provided by: Division of Immunology, Department of
Internal Medicine, University of Iowa Roy J. and Lucille A.
Carver College of Medicine



Objectives

Upon completion of this symposium, the learner should be able to:

- Describe clinical comorbidities leading to gout flares.
- Discuss the clinical spectrum for managing acute gout flares and hyperuricemia.
- Identify diverse clinical manifestations of psoriatic arthritis and spondyloarthropathies.
- Determine optimal therapeutic approaches to psoriatic arthritis and spondyloarthropathies.
- Identify the clinical presentation of sterile osteomyelitis in children and adults.
- Explain the Mendelian forms of sterile osteomyelitis.
- Identify neurological syndromes suggestive of rheumatologic disease.
- Describe the initial evaluation for classic neurological syndromes due to rheumatologic disease.
- Identify various patterns of neurologic involvement in patients with systemic autoimmune diseases.
- Describe the most common complications of osteoporotic treatment.
- Examine temporal trends in lymphoma incidence in US veterans with rheumatoid arthritis versus veterans with osteoarthritis.
- Discuss rare and unusual cases and side effects to certain medications.
- Identify unusual rheumatologic diseases in patients.

General Information

Intended Audience

Physicians, nurse practitioners, physical therapists, occupational therapists, and other arthritis health professionals.

Registration Fees

The fee is \$190 for physicians and \$115 for nurses and allied health care professionals. Adjunct faculty members of the UI Carver College of Medicine and retired physicians may register for a fee of \$95. All fees include registration, CME and CEU recording, syllabus material, continental breakfast, refreshment breaks, and lunch.

While registration is open until the start of the symposium, we encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations. No refunds will be given for cancellations made after May 20, 2019. For on-site registration, an additional fee of \$50 will be added.

Parking

Parking is available in the City of Coralville parking ramp, located north of the Marriott Hotel, and in the parking lot south of the Marriott Hotel. Parking fees are \$1 per hour with an \$8 daily maximum.

Housing

Participants are responsible for making their own hotel reservations and may do so by contacting the Iowa City/Coralville Convention and Visitors Bureau at 800-283-6592, or any hotel in the Iowa City/Coralville area, including the Marriott Coralville Hotel at 319-688-4000 or 888-236-2427. Rates are not guaranteed.

Syllabus Materials

Course syllabus materials will be emailed as a link to registered participants the week of the

symposium. Print copies of the syllabus will not be provided. Participants are encouraged to download or print materials in advance. A limited number of outlets are available so be sure to have a fully charged battery on your device or laptop.

Continuing Education Credit

The UI Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

PHYSICIAN: The UI Carver College of Medicine designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSE: 7.0 contact hours will be granted by University of Iowa Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit. Questions concerning nursing credits should be directed to the Nursing Clinical Education Center at 319-356-1238.

OTHER HEALTH CARE PROFESSIONALS:

All other health care professionals will receive a certificate of completion for this course. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

Emergency Calls

You may be reached during symposium hours for emergency calls at the Marriott Coralville Hotel, 319-688-4000. Please have the caller identify the Rheumatology Symposium.

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest.

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA, 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD), diversity@uiowa.edu.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319-335-8599.

Agenda

May 31, 2019 | Iowa Rheumatology Symposium | Marriott Coralville Hotel

7:15 AM

Registration and Continental Breakfast

7:55

Welcome to the Jubilee

Petar S. Lenert, MD, PhD

8:00

**Robert F. Ashman Lecture:
Comorbidity Conundrums and
Clinical Controversies in Gout**

Kenneth G. Saag, MD

9:00

Psoriatic Arthritis: Update

Arthur Kavanaugh, MD

10:00

Break

10:30

**Sterile Osteomyelitis in Children
and Adults**

Polly Ferguson, MD

11:30

**Neuro-Rheumatology: Cases from
the Borderlands of Neurology and
Rheumatology**

Tracey A. Cho, MD

12:00 PM

Lunch

1:00

**Paul Strottman Lecture:
Spondyloarthropathy: Update**

Arthur Kavanaugh, MD

2:00

**Complications of Osteoporosis
Therapies**

Kenneth G. Saag, MD

3:00

Break

3:30

**Trend of Lymphoma Incidence in
U.S. Veterans with Rheumatoid
Arthritis: 2002-2017**

Namrata Singh, MD, MSCI

4:00

**Mini Thieves Market
(Case Presentations)**

Brittany Bettendorf, MD

Rheumatology Fellows:

Aneet Kaur, MD

Priyanka Iyer, MD

Sameet S. Sangha, MD

Hanna D. Zembrzuska, MD

5:00

Adjournment

FACULTY



Guest Faculty

Kenneth G. Saag, MD

Professor of Medicine
University of Alabama
Birmingham, Alabama

Arthur Kavanaugh, MD

Professor of Medicine
University of California at San Diego
San Diego, California

University of Iowa Faculty

Department of Internal Medicine
Division of Immunology

Brittany Bettendorf, MD

Clinical Assistant Professor

Petar S. Lenert, MD, PhD

Clinical Professor
Director, Iowa Rheumatology Symposium

Namrata Singh, MD, MSCI

Clinical Assistant Professor

Priyanka Iyer, MD

Rheumatology Fellow

Aneet Kaur, MD

Rheumatology Fellow

Sameet S. Sangha, MD

Rheumatology Fellow

Hanna D. Zembrzuska, MD

Rheumatology Fellow

Department of Pediatrics

Division of Rheumatology

Polly Ferguson, MD

Clinical Professor

Department of Neurology

Tracey A. Cho, MD

Clinical Associate Professor

Planning Committee

Petar S. Lenert, MD, PhD

Molly Burma, ARNP

Rebecca Tuetken, MD, PhD

Scott Vogelgesang, MD

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FOR ADDITIONAL INFORMATION,
please contact:

Continuing Medical Education Division
University of Iowa Carver College of Medicine
100 CMAB
Iowa City IA 52242-1101

Phone: (319) 335-8599

For additional information on this program and other
upcoming CME events at the UI Carver College of Medicine,
please visit **medicine.uiowa.edu/cme/**.

Registration

30th Iowa Rheumatology Symposium, Friday, May 31, 2019

Please print clearly:

Name _____

Address _____ Primary Degree _____

City _____ Specialty _____

State/ Zip _____

Phone: _____

E-mail _____

FOR ON-SITE REGISTRATION AN ADDITIONAL FEE OF \$50 WILL BE ADDED.

Registration Fees

Physician @ \$190	\$ _____
Nurse/Allied Health Professional @ \$115	\$ _____
UI Adjunct/Retired @ \$95	\$ _____
UI Nurse/Allied Health Professional @ \$85	\$ _____
On-site registration add \$50	\$ _____

Method of Payment | **REGISTRATION IS CONFIRMED WHEN PAYMENT IS RECEIVED.**

☐ Enclosed is a check made payable to

The University of Iowa in the amount of \$ _____

Two Ways to Register:



Online: medicine.uiowa.edu/cme and click on *Upcoming Programs*



Mail (For Checks Only): University of Iowa Carver College of Medicine
Continuing Medical Education Division
100 Medicine Administration Bldg.
Iowa City, IA 52242-1101

For additional information on this program and other upcoming CME programs at the UI Carver College of Medicine, please visit medicine.uiowa.edu/cme/.

The University of Iowa requests this information for the purpose of processing your registration. No persons outside the University of Iowa are routinely provided this information.



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University of Iowa Health Care

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