## **Patient Resources**

Current as of 3/20/2024

Resource	URL
FAQs, information, and other helpful materials for patients	https://www.cdc.gov/opioids/patients/index.html
Source: Centers for Disease Control and Prevention	
Resources and patient stories related to persistent pain	https://www.tamethebeast.org/#tame-the-beast
Source: TametheBeast.org	
24/7 support for individuals struggling with addiction, suicidal thoughts, or mental health issues	https://yourlifeiowa.org/
Source: Iowa Department of Health and Human Services	
Iowa Opioid Help - resource for individuals battling opioid use disorder	https://opioidhelp.iowa.gov/
Source: State of Iowa Office of the Attorney General	
"What is Naloxone?" video explaining how naloxone works in the body	https://www.youtube.com/watch?v=RcAaZQQqd50
Source: SAMHSA	